

FOUR PRAYERS FOR TOTAL PEACE IN CHRIST

As taught to us by Christ

"Father, not my will but yours be done." Prayer of total surrender and letting go.

When someone offends you, **Father, forgive him/her because he/she doesn't really know what he/she is doing.**

When you don't know what to pray for someone, **"Father, I pray that your perfect will be done in and through _____. I pray your grace and mercy and all your blessings over _____."**

Father, into your hands I commit my spirit and my will, my body and my soul, my mind and my emotions, in Jesus' Name. Amen This is similar to the first but more specific.

You know that the first two are the prayers of Jesus on the Cross. I have learned that these four prayers take care of any situation I will ever face on a daily basis. Through them, I have the complete freedom in Christ that he desires for me to have. The result is entering into my Sabbath rest spoken of in the Epistle to the Hebrews, where I don't have to worry because I have complete trust in my heavenly Father to take care of me as his kid.